



THỨ NĂM 26 THÁNG 9, 2024 – THURSDAY SEP 26, 2024
GIỜ CALIFORNIA ---- CALIFORNIA TIME

BOSTON, FLORIDA, TORONTO, OTTAWA, MONTREAL, WASH D.C.	TEXAS	CALIFORNIA, WASHINGTON	AGENDA	MELBOURNE, SYDNEY (AUS) Sep 26	VIETNAM Sep 26	LONDON Sep 26	PARIS, BELGIUM, GERMANY Sep 26
8:00AM	7:00AM	5:00AM	5:00AM THỨC CHỨNG <i>Morning Bell</i>	10:00PM	7:00PM	1:00PM	2:00PM
8:30AM	7:30AM	5:30AM	5:30-6:30AM TỌA THIÊN <i>Sitting Meditation</i>	10:30PM	7:30PM	1:30PM	2:30PM
10:30AM	9:30AM	7:30AM	7:30AM ĐIỂM TÂM <i>Breakfast</i>	12:30AM	9:30PM	3:30PM	4:30PM
11:30AM	10:30AM	8:30AM	8:30-9:15AM KHAI MẠC KHÓA TU <i>Opening Ceremony</i> KHÓA LỄ SÁM HỐI <i>Repentance Session</i>	1:30AM	10:30PM	4:30PM	5:30PM
12:45PM	11:45AM	9:45AM	9:45-10:45AM PHÁP THOẠI: NS Thuận Quán Dharma Talk: Ven. T Quán	2:45AM	11:45PM	5:45PM	6:45PM
2:30PM	1:30PM	11:30AM	11:30AM THỌ TRAI <i>Lunch</i>	4:30AM	1:30AM	7:30PM	8:30PM
3:50PM	2:50PM	12:50PM	12:50PM CHỈ TĨNH <i>Midday Break</i>	5:50AM	2:50AM	8:50PM	9:50PM
4:50PM	3:50PM	1:50PM	1:50PM THỨC CHỨNG <i>Afternoon Bell</i>	6:50AM	3:50AM	9:50PM	10:50PM
5PM	4PM	2PM	2-3PM TỌA THIÊN <i>Sitting Meditation</i>	7AM	4AM	10PM	11PM
6:30PM	5:30PM	3:30PM	3:30-4:30PM PHÁP THOẠI: NT Hạnh Phước Dharma Talk : Ven. Hạnh Phước	8:30AM	5:30AM	11:30PM	12:30AM
8:30PM	7:30PM	5:30PM	5:30PM DỪNG CHIỀU <i>Dinner</i>	10:30AM	7:30AM	1:30AM	2:30AM
10:00PM	9:00PM	7:00PM	7-8PM PHÁP THOẠI: NS. Thuận Hậu Dharma Talk : Ven. Th. Hậu	12:00PM	9:00AM	3:00AM	4:00AM
11:20PM	10:20PM	8:20PM	8:20-9PM TỌA THIÊN <i>Sitting Meditation</i>	1:20PM	10:20AM	4:20AM	5:20AM
12:30AM	11:30PM	9:30PM	9:30PM CHỈ TĨNH <i>Lights Out</i>	2:30PM	11:30AM	5:30AM	6:30AM

THỨ SÁU 27 THÁNG 9, 2024 – FRIDAY SEP 27, 2024
NGÀY THINH LẶNG – SILENT DAY
GIỜ CALIFORNIA ---- CALIFORNIA TIME

BOSTON, FLORIDA, TORONTO, OTTAWA, MONTREAL, WASH D.C.	TEXAS	CALIFORNIA, WASHINGTON	AGENDA	MELBOURNE, SYDNEY (AUS) Sep 27	VIETNAM Sep 27	LONDON Sep 27	PARIS, BELGIUM, GERMANY Sep 27
8:00AM	7:00AM	5:00AM	5:00AM THỨC CHỨNG <i>Morning Bell</i>	10:00PM	7:00PM	1:00PM	2:00PM
8:30AM	7:30AM	5:30AM	5:30-6:30AM TỌA THIÊN <i>Sitting Meditation</i>	10:30PM	7:30PM	1:30PM	2:30PM
10:30AM	9:30AM	7:30AM	7:30AM ĐIỂM TÂM <i>Breakfast</i>	12:30AM	9:30PM	3:30PM	4:30PM
11:30AM	10:30AM	8:30AM	8:30-9:30AM THIÊN HÀNH TỰ DO Free Walking Meditation	1:30AM	10:30PM	4:30PM	5:30PM
12:45PM	11:45AM	9:45AM	9:45-10:45AM TỌA THIÊN <i>Sitting Meditation</i>	2:45AM	11:45PM	5:45PM	6:45PM
2:30PM	1:30PM	11:30AM	11:30AM THỌ TRAI <i>Lunch</i>	4:30AM	1:30AM	7:30PM	8:30PM
3:50PM	2:50PM	12:50PM	12:50PM CHỈ TĨNH <i>Midday Break</i>	5:50AM	2:50AM	8:50PM	9:50PM
4:50PM	3:50PM	1:50PM	1:50PM THỨC CHỨNG <i>Afternoon Bell</i>	6:50AM	3:50AM	9:50PM	10:50PM
5PM	4PM	2PM	2-3:15PM THIÊN TRÀ <i>Tea Ceremony</i>	7:00AM	4:00AM	10:00PM	11:00PM
6:45PM	5:45PM	3:45PM	3:45-4:45PM TỌA THIÊN <i>Sitting Meditation</i>	8:45AM	5:45AM	11:45PM	12:45AM
8:30PM	7:30PM	5:30PM	5:30PM DỪNG CHIỀU <i>Dinner</i>	10:30AM	7:30AM	1:30AM	2:30AM
9:30PM	8:30PM	6:30PM	6:30-7:15PM THIÊN HÀNH TỰ DO Free Walking Meditation	11:30AM	8:30AM	2:30AM	3:30AM

10:30PM	9:30PM	7:30PM	7:30-8:30PM TOẠ THIÊN <i>Sitting Meditation</i>	12:30PM	9:30AM	3:30AM	4:30AM
11:45PM	10:45PM	8:45PM	8:45-9:00PM LỜI NHẮC : NS Thuần Chánh End of the day reminders: Ven. T. Chánh	1:45PM	10:45AM	4:45AM	5:45AM
12:30AM	11:30PM	9:30PM	9:30PM CHỈ TỊNH <i>Lights Out</i>	2:30PM	11:30AM	5:30AM	6:30AM

THỨ BẢY 28 THÁNG 9, 2024 – SATURDAY SEP 28, 2024
GIỜ CALIFORNIA ---- CALIFORNIA TIME

BOSTON, FLORIDA, TORONTO, OTTAWA, MONTREAL, WASH D.C.	TEXAS	CALIFORNIA, WASHINGTON	AGENDA	MELBOURNE, SYDNEY (AUS) Sep 28	VIETNAM Sep 28	LONDON Sep 28	PARIS, BELGIUM, GERMANY Sep 28
8:00AM	7:00AM	5:00AM	5:00AM THỨC CHỨNG <i>Morning Bell</i>	10:00PM	7:00PM	1:00PM	2:00PM
8:30AM	7:30AM	5:30AM	5:30-6:30AM TOẠ THIÊN <i>Sitting Meditation</i>	10:30PM	7:30PM	1:30PM	2:30PM
10:30AM	9:30AM	7:30AM	7:30AM ĐIỂM TÂM <i>Breakfast</i>	12:30AM	9:30PM	3:30PM	4:30PM
11:30AM	10:30AM	8:30AM	8:30-9:30AM CÔNG TÁC <i>Working Meditation</i>	1:30AM	10:30PM	4:30PM	5:30PM
1:00PM	12 NOON	10:00AM	10:00-11:00AM PHÁP THOẠI: NT. Thuần Bạch Dharma Talk: Ven. T Bạch	3:00AM	12:00AM	6:00PM	7:00PM
2:30PM	1:30PM	11:30AM	11:30AM THỌ TRAI <i>Lunch</i>	4:30AM	1:30AM	7:30PM	8:30PM
3:50PM	2:50PM	12:50PM	12:50PM CHỈ TỊNH <i>Midday Break</i>	5:50AM	2:50AM	8:50PM	9:50PM
4:50PM	3:50PM	1:50PM	1:50PM THỨC CHỨNG <i>Afternoon Bell</i>	6:50AM	3:50AM	9:50PM	10:50PM
5PM	4PM	2PM	2-3:00PM THAM VẤN Q&A	7:00AM	4:00AM	10:00PM	11:00PM
7:30PM	5:30PM	3:30PM	3:30-4:30PM PHÁP THOẠI: NT Hạnh Huệ Dharma Talk: Ven. H Huệ	8:30AM	5:30AM	11:30PM	12:30AM
8:30PM	7:30PM	5:30PM	5:30PM DỪNG CHIỀU <i>Dinner</i>	10:30AM	7:30AM	1:30AM	2:30AM
9:15PM	8:15PM	6:15PM	6:15-6:45PM KHÓA LỄ SÁM HỐI Chanting	11:15AM	8:15AM	2:15AM	3:15AM
10:00PM	9:00PM	7:00PM	7-8PM PHÁP THOẠI: NS. Thuần Chánh Dharma Talk : Ven. Th. Chánh	12:00PM	9:00AM	3:00AM	4:00AM
11:20PM	10:20PM	8:20PM	8:20-9PM TOẠ THIÊN <i>Sitting Meditation</i>	1:20PM	10:20AM	4:20AM	5:20AM
12:30AM	11:30PM	9:30PM	9:30PM CHỈ TỊNH <i>Lights Out</i>	2:30PM	11:30AM	5:30AM	6:30AM

CHỦ NHẬT 29 THÁNG 9, 2024 – SUNDAY SEP 29, 2024
GIỜ CALIFORNIA ---- CALIFORNIA TIME

BOSTON, FLORIDA, TORONTO, OTTAWA, MONTREAL, WASH D.C.	TEXAS	CALIFORNIA, WASHINGTON	AGENDA	MELBOURNE, SYDNEY (AUS) Sep 29	VIETNAM Sep 29	LONDON Sep 29	PARIS, BELGIUM, GERMANY Sep 29
8:00AM	7:00AM	5:00AM	5:00AM THỨC CHỨNG <i>Morning Bell</i>	10:00PM	7:00PM	1:00PM	2:00PM
8:30AM	7:30AM	5:30AM	5:30-6:30AM TOẠ THIÊN <i>Sitting Meditation</i>	10:30PM	7:30PM	1:30PM	2:30PM
10:30AM	9:30AM	7:30AM	7:30AM ĐIỂM TÂM <i>Breakfast</i>	12:30AM	9:30PM	3:30PM	4:30PM
11:30AM	10:30AM	8:30AM	8:30-8:50AM THIÊN HÀNH: NS Thuần Bạch <i>Walking Meditation</i>	1:30AM	10:30PM	4:30PM	5:30PM
12 NOON	11:00AM	9:00AM	9:00-10:00AM PHÁP THOẠI: NT. Thuần Tuệ Dharma Talk: Ven. Thuần Tuệ	2:00AM	11:00PM	5:00PM	6:00PM
1:10PM	12:10PM	10:10AM	10:10-11:10AM THAM VẤN NHÓM Q&A	3:10AM	12:10AM	6:10PM	7:10PM
2:30PM	1:30PM	11:30AM	11:30AM THỌ TRAI <i>Lunch</i>	4:30AM	1:30AM	7:30PM	8:30PM
3:50PM	2:50PM	12:50PM	12:50PM CHỈ TỊNH <i>Midday Break</i>	5:50AM	2:50AM	8:50PM	9:50PM
4:50PM	3:50PM	1:50PM	1:50PM THỨC CHỨNG <i>Afternoon Bell</i>	6:50AM	3:50AM	9:50PM	10:50PM
5PM	4PM	2PM	2-3PM TOẠ THIÊN <i>Sitting Meditation</i>	7AM	4AM	10PM	11PM
6:30PM	5:30PM	3:30PM	3:30-4:30PM PHÁP THOẠI: NT. Như Đức Dharma Talk: Ven. Như Đức	8:30AM	5:30AM	11:30PM	12:30AM
7:40PM	6:40PM	4:40PM	4:40-5:00PM Ý KIẾN ĐÓNG GÓP <i>Constructive Feedback</i>	9:40AM	6:40AM	12:40AM	1:40AM
8:00PM	7:00PM	5:00PM	5:00PM BẾ MẠC KHÓA TU <i>Closing</i>	10:00AM	7:00AM	1:00AM	2:00AM